

## MENTORING AFFECTS YOUTH

# M.A.Y. NEWSLETTER

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Issue 6

FEBRUARY  
2019

M.A.Y. Programs  
include:

M.A.Y. Mentoring  
Links to LNX  
e-mentoring  
MC<sup>2</sup> Club  
Mustang Mentors

### FOR MORE INFO ON MENTORING:

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## Valentine Manners Meal

M.A.Y. will have a Valentine "Manners Meal" activity/training on February 11 at 6:00 p.m. at Lu and Al's Nishna Valley Café- 615 West Sheridan Ave.

We will have a meal of salad, lasagna and cherry cheesecake! We are going to discuss all kinds of manners and etiquette including proper social media usage.

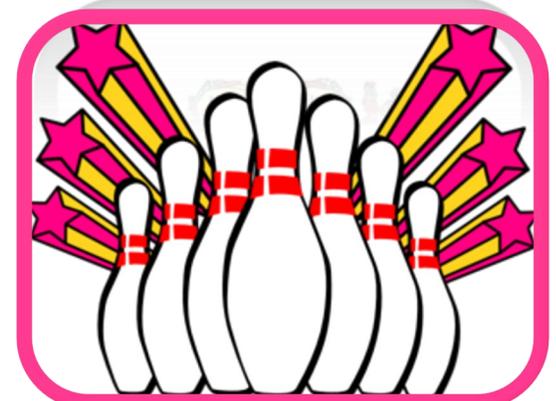
**PLEASE RSVP by  
February 7th!**



## BOWLING

M.A.Y. Mentoring will have a group activity bowling event on February 24 from 1:00-3:00 at Little Waite Lanes.

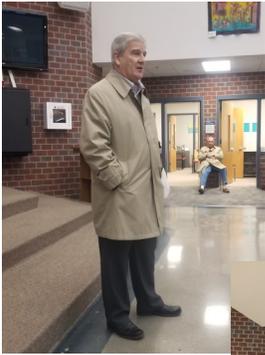
MC<sup>2</sup> will bowl from 3:00-4:00 with a taco bar at El Porton after bowling. **PLEASE RSVP!**



### Upcoming Events:

- February 11—Valentine Manners Meal; 6:00 p.m. ; Nishna Valley Café
- February 21—M.A.Y. Advisory Board Meeting; Noon; Depot
- February 24— M.A.Y. Bowling 1:00-3:00; MC<sup>2</sup> Bowling 3:00-4:00; Meal at El Porton at 4:00
- February 27-L2L tour to SMC (rescheduled from 1-30-19)
- February 28-Links to LNX Face to Face; 9:45 a.m.; High School — Speaker Bethann Tillman

## SCIA COFFEE



“To the world you may be one person, but to one person, you may be the world.”

Heather Darling-Cortes



## MC<sup>2</sup> Lunch Speaker—Nick Bosley



## Redbird Chopper Group Activity



# MUSTANG MENTORS

Mustang Mentors are juniors and seniors who receive an elective class credit for mentoring/tutoring younger students at the elementary or middle school level.

The goals of the course are to gain skills that will assist younger students to:

- Improve grades
- Improve learning attitudes
- Demonstrate responsibility
- Develop self-esteem
- Strive to do their best
- Prepare for the next grade level

Mustang mentors are required to spend each day in an assigned elementary or middle school classroom working with individuals or small groups to accomplish the above. They also are required to keep a daily journal of their mustang mentoring experiences and to write a final semester paper. This semester we have 25 Mustang Mentors!

“No act of kindness, no matter how small, is ever wasted.”  
Aesop





M.A.Y. Mentoring—1:1  
Community Based Mentoring  
Links To LNX E-mentoring

MC<sup>2</sup> Club  
Mustang Mentors

**MENTORING AFFECTS  
YOUTH**

Like MAY  
MENTORING on  
FACEBOOK

One Caring Adult.....

*“Researchers agree that at least one caring adult can make a difference in a child's life. “The most important finding from our research on kids from a wide variety of backgrounds is that they need a strong sense of caring from at least one competent adult.”*

*Michael Resnick, University of Minnesota School of Public Health and School of Medicine*

**Don't become preoccupied with your child's academic ability, but instead teach them to sit with those sitting alone.**

**Teach them to be kind.**

**Teach them to offer help.**

**Teach them to be a friend to the lonely.**

**Teach them to encourage others.**

**Teach them to think about other people.**

**Teach them to share.**

**Teach them to look for the good.**

**This is how they will change the world.**

**Unique Teaching Resources**