



Menu is Subject to Change

MARCH 2023

Shenandoah Preschool Lunch Menu

Low-Fat Milk is Offered with all Meals

Monday



Tuesday

Wednesday

Thursday

Friday

Hamburger on a Bun
Baked Beans
Steamed Carrots
Peaches
Milk

6

Orange Chicken
Rice Pilaf
Broccoli & Dip
Mandarin Oranges
Milk

7

Turkey Sandwich
California Steamed Vegetables
Pineapple
Tostitos
Milk

8

Grilled Chicken Sandwich
Broccoli & Cheese
Applesauce
Milk

9

Macaroni & Cheese
Steamed Peas
Banana
Goldfish Crackers
Milk

10

NO

13

SCHOOL

NO

14

SCHOOL

NO

15

SCHOOL

NO

16

SCHOOL

NO

17

SCHOOL

Chicken Nuggets
Green Beans
Strawberries
Animal Crackers
Milk

20

Ham Sandwich
French Fries
Fresh Broccoli
Peaches
Milk

21

Chicken Noodle Casserole
Steamed Peas
Pears
Breadstick
Milk

22

Fish Shapes
Baked Beans
Mixed Fruit
Bread & Butter
Milk

23

Stuffed Crust Cheese Pizza
California Steamed Vegetables
Applesauce
Milk

24

Crunchy Chicken Wrap
Baked Beans
Steamed Carrots
Pineapple
Milk

27

Spaghetti w/Meat Sauce
California Steamed Vegetables
Mixed Fruit
Garlic Toast
Milk

28

Fried Chicken
Mashed Potatoes & Gravy
Fresh Broccoli
Mixed Berries
Biscuit
Milk

29

Sloppy Joe Sandwich
Corn
Pears
Milk

30

French Bread Cheese Pizza
Green Beans
Fresh Fruit
Milk

31

This Institution is an Equal Opportunity Provider

