



Menu is Subject to Change

MARCH 2023

Shenandoah High School Main Line Lunch Menu

A Choice of Low-Fat or Fat-Free Milk is Offered with all Meals

Monday

Student Lunch \$2.85
Adult Lunch \$4.25
Extra Entrée \$1.50
Extra Milk \$0.40



Tuesday

Wednesday

Thursday

Friday

Beef Tacos
Refried Beans
Red & Green Bell Pepper Slices
Lettuce Salad w/Cherry Tomatoes
Pineapple
Apple
Tortilla Chips
Choice of Milk

Grilled Chicken Sandwich
Broccoli & Cheese
Baby Carrots
Lettuce & Tomato Slices
Fresh Pear
Applesauce
Choice of Milk

Cheesy French Bread Pizza
Tossed Salad w/Spinach
Fresh Broccoli, Baby Carrots & Tomatoes
Banana
Mixed Fruit
Chocolate Pudding
Choice of Milk

Spaghetti w/Meat Sauce
Green Beans
Tossed Salad w/Spinach
Fresh Veggie Mix
Strawberries
Apple
Garlic Toast
Choice of Milk

Hot Beef & Cheddar Sub
French Fries
Broccoli, Carrots & Cherry Tomatoes
Peaches
Orange Slices
Choice of Milk

Chicken Noodle Casserole
Steamed Peas
Baby Carrots
Grapes
Pears
Breadstick
Choice of Milk

Orange Chicken
Rice Pilaf
California Steamed Vegetables
Lettuce Salad
Mandarin Oranges
Banana
Fortune Cookie
Choice of Milk

Pizza Crunchers
Lettuce Salad w/Cherry Tomatoes
Fresh Veggie Mix
Kiwi
Applesauce
Chocolate Chip Cookie
Choice of Milk

NO

SCHOOL

NO

SCHOOL

NO

SCHOOL

NO

SCHOOL

NO

SCHOOL

Chicken Patty Sandwich
Green Beans
Tossed Salad w/Spinach
Baby Carrots
Fresh Fruit
Ice Cream
Choice of Milk

Cheesy Chicken Burrito
Spanish Rice
Red & Green Bell Pepper Slices
Lettuce Salad w/Cherry Tomatoes
Grapes
Applesauce
Choice of Milk

BBQ Rib Sandwich
Baked Beans
Tossed Salad w/Spinach
Fresh Veggie Mix
Peaches
Apple
Jello
Choice of Milk

Fried Chicken
Mashed Potatoes & Gravy
Baby Carrots
Cucumber Slices
Orange Slices
Pears
Biscuit
Choice of Milk

Cheese Lasagna Roll Up
Roasted Broccoli
Tossed Salad w/Tomatoes
Baby Carrots
Mixed Berries
Fresh Fruit
Garlic Toast
Choice of Milk

Hamburger on a Bun
French Fries
Celery & PB
Carrots
Peaches
Fresh Pear
Choice of Milk

Pulled Pork Sandwich
Baked Beans
Broccoli, Cauliflower & Carrots
Mandarin Oranges
Apple
Choice of Milk

Macaroni & Cheese
Steamed Peas
Lettuce Salad w/Cherry Tomatoes
Mixed Berries
Applesauce
Blueberry Muffin
Choice of Milk

Buffalo Chicken Pocket
California Steamed Vegetables
Fresh Veggie Mix
Tossed Salad
Grapes
Mixed Fruit
Pudding
Choice of Milk

Shrimp Poppers
Green Beans
Lettuce Salad
Baby Carrots
Pineapple
Fresh Fruit
Bread & Butter
Choice of Milk

This Institution is an Equal Opportunity Provider

