



JANUARY 2022

Low-Fat Milk is Offered with All Meals

Menu is Subject to Change

Shenandoah Preschool Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
No School 3	Hamburger Tri Tator Steamed Carrots Apple Slices Jello Milk 4	Macaroni & Cheese Steamed Peas Mandarin Oranges Goldfish Crackers Milk 5	Chicken Fajita Spanish Rice Fresh Broccoli Banana Milk 6	Cheese Pizza Green Beans Pineapple Milk 7
BBQ Rib Sandwich Baked Beans Cucumber Slices Orange Wedges Milk 10	PBJ Uncrustable Chicken Noodle Soup Celery & Carrots Sticks Peaches Milk 11	Chicken Nuggets Cheesy Potatoes Cucumber Slices Strawberries Bread & Butter Milk 12	Meatball Sub Green Beans Applesauce Animal Crackers Milk 13	Cheese Filled Bosco Sticks California Steamed Veggies Fresh Fruit Milk 14
No School 17	Tator Tot Casserole Green Beans Diced Pears Dinner Roll Milk 18	Grilled Chicken Sandwich Broccoli & Cheese Pineapple Milk 19	Chicken & Noodles Mashed Potatoes Steamed Carrots Peaches Dinner Roll Milk 20	French Bread Pizza Baked Beans Fresh Veggie Mix & Dip Applesauce Milk 21
Hot Ham & Cheese Sandwich French Fries Bell Pepper Diced Pears Milk 24	Walking Taco Refried Beans Lettuce Salad w/Cherry Tom. Orange Wedges Milk 25	No School 26	No School 27	Turkey, Ham & Cheese Sub Green Beans Fresh Veggie Mix & Dip Fresh Fruit Baked Chips Milk 28
Pizza Casserole Lettuce Salad Strawberries Garlic Toast Milk 31				

This Institution is an Equal Opportunity Provider

