

# JUNE/JULY- BREAKFAST HS Location



## SUMMER 2018



### What is a librarian's favorite vegetable?

Quiet Peas

FRUIT OPTIONS: Melons,  
Kiwis, Bananas, Apples,  
Strawberries, Blueberries,  
Peaches, Pears

We will be serving fresh,  
local produce this month!!!!

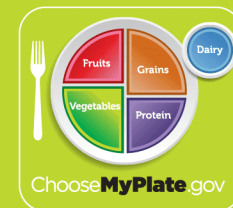
### What am I?

I'm a leafy green vegetable  
that comes in different  
colors... including red! You  
most likely eat me in a  
salad or on a sandwich  
next to a slice of tomato.

Leaf Lettuce

This institution is an equal  
opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
July 2 No Meals at High School!	July 3 No Meals at High School!	July 4 Happy 4 <sup>th</sup> of July!	July 5 No Meals at High School!	July 6 No Meals at High School! We will see you on Monday!!!
July 9 FRENCH TOAST STICKS /SYRUP FRESH FRUIT FRUIT JUICE MILK,Skim	July 10 BREAKFAST BURRITO W/ SALSA FRESH FRUIT FRUIT JUICE MILK,Skim	July 11 SCRAMBLED EGGS TOAST /JELLY BACON FRESH FRUIT FRUIT JUICE MILK,Skim	July 12 DONUT, WG RICHS DANIMAL YOGURT FRESH FRUIT FRUIT JUICE MILK,Skim	July 13 CINNAMON ROLLS YOGURT PARFAIT FRESH FRUIT FRUIT JUICE  MILK
July 16 FLAKY BISCUITS SAUSAGE GRAVY FRESH FRUIT FRUIT JUICE MILK,Skim	July 17 PANCAKES SAUSAGE LINKS FRESH FRUIT FRUIT JUICE MILK,Skim	July 18 BLUEBERRY MUFFIN CEREAL BOWL FRESH FRUIT FRUIT JUICE MILK,Skim	July 19 BREAKFAST PIZZA FRESH FRUIT FRUIT JUICE MILK,Skim	July 20 SAUSAGE, EGG SANDWICH FRESH FRUIT FRUIT JUICE MILK,Skim
July 23 BREAKFAST BURRITO W/ SALSA HASH BROWNS FRESH FRUIT FRUIT JUICE MILK,Skim	July 24 DONUT, WG RICHS DANIMAL YOGURT FRESH FRUIT FRUIT JUICE MILK,Skim	July 25 CHOC CHIP MUFFIN CEREAL FRESH FRUIT FRUIT JUICE MILK,Skim	July 26 FRENCH TOAST STICKS FRESH FRUIT FRUIT JUICE MILK,Skim	July 27 CINNAMON ROLLS YOGURT PARFAIT FRESH FRUIT FRUIT JUICE MILK,Skim
July 30 EGG WHITE DELIGHT SANDWICH HASHBROWNS FRESH FRUIT MILK	July 31 CINNAMON ROLLS YOGURT PARFAIT FRESH FRUIT FRUIT JUICE MILK,Skim	Aug 1 FLAKY BISCUITS SAUSAGE GRAVY FRESH FRUIT FRUIT JUICE MILK,Skim	Aug 2 BREAKFAST PIZZA FRESH FRUIT FRUIT JUICE MILK,Skim	Aug 3 DONUT, WG RICHS DANIMAL YOGURT FRESH FRUIT FRUIT JUICE MILK,Skim



Make your  
own flavored  
water at  
home. Just  
add some  
sliced up fruit  
or vegetables  
and chill. Try  
cucumber or  
mint for a  
refreshing  
beverage!

