

# MARCH 2019

## SCSD JK-8 Hot Breakfast Menu

Low-Fat/Fat-Free Milk offered with Breakfast Daily!

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**National School Breakfast Week 4**  
Egg Scrambler  
WG Toast/Jelly  
Fresh Fruit or  
Fruit Juice  
Milk

**5**  
Blueberry Muffin  
Fresh Blueberries  
Blueberry Yogurt  
Juice  
Milk

**6**  
WG Toast w/ Peanut Butter  
Banana  
Fruit Juice  
Milk

**7**  
WG Waffles/Syrup  
LS Bacon  
Fresh Fruit  
Or Juice  
Milk

**1**  
WG Cinnamon Roll  
Scrambled Eggs  
Fresh Fruit or  
Juice  
Ice Cold Milk

**8**  
Breakfast Pizza or  
WG Cereal/Grahams  
Fresh Fruit  
Or Fruit Juice  
Milk

**11**  
Cheese Omelet w/  
WG Toast/Jelly or Cereal  
Fresh Fruit or Juice  
Milk

**12**  
WG Cereal  
Toasted English Muffin ½  
Apple w/ PB  
Milk

**13**  
WG French Toast Sticks  
w/ Syrup or WG Cereal  
Sausage Links  
Fresh Fruit or Juice  
Milk

**14**  
Breakfast Sandwich w/  
Tri Tator  
Or Cereal w/Grahams  
Fresh Fruit or Juice  
Milk

**15**  
Choc Chip Muffin w/  
WG Cereal  
Fresh Fruit or  
Juice  
Milk

**18**  
No School Today!

**19**  
No School Today!

**20**  
No School Today!

**21**  
No School Today!

**22**  
No School Today!

**25**  
WG Pancakes w/ Syrup  
Sausage Links  
Fresh Fruit or Juice  
Milk

**26**  
Choc Chip Muffin w/  
WG Cereal  
Fresh Fruit or Juice  
Milk

**27**  
Breakfast Burrito/Salsa  
Or Cereal/Grahams  
Fresh Fruit or Juice  
Milk

**28**  
WG Glazed Donut  
Scrambled Eggs  
Fresh Fruit or Juice  
Milk

**29**  
WG Cereal  
Go-Gurt  
Fresh Fruit  
Or Juice  
Milk

Fresh Fruit Options Offered Daily for Breakfast!  
Breakfast is \$2.00-Paid Status or \$0.30 for Reduced Status!  
We also serve grab 'n' go breakfast for grades 5-8 daily!

