SCSD Nutrition Department Mustangs/Fillies on the Go

Serving Breakfast, Lunch, and Snacks Daily

Monday	Tuesday	Wednesday	Thursday	Friday
		May 1	May 2	Мау
		WG DONUTS	BREAKFAST SANDWICH	BRKST TACO/SALSA
		BISCUITS W/SAUSAGE	PB MUNCABLE	MINI BAGEL
		YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT
		FRESH FRUIT	FRESH FRUIT	FRESH FRUIT
		WG CHEESE BREADSTICKSW/ MARINARA	WG CORN DOGS/ROLL OR	BEEF PIZZA
		SUBMARINE SANDWICH	CHICKEN CAESAR WRAP	W/ TOSSED SALAD/RANCH
		W/ TOSSED SALAD/RANCH	W/ CARROTS/BROCCOLI/DIP	
May 6	May 7	May 8	May 9	May ²
BREAKFAST BURRITO W/ SALSA	HAM AND CHEESE CROISSANTW/	SAUSAGE, EGG, CHEESE SANDWICH	WG PANCAKES	BREAKFAST PIZZA
HOMEMADE WAFFLES	HASH BROWN POTATOES	WG CINNAMON ROLLS	BREAKFAST SANDWICH	BLUEBERRY MUFFIN
YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT
FRESH FRUIT./JUICE	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT
POPCORN CHICKEN W/ DINNER ROLL	TURKEY HAM & CHEESE WRAP OR	BARBECUED BEEF SANDWICH	CHICKEN SANDWICH	STUFFED CRUST PIZZA
CRISPY CHICKEN SALAD W/ ROLL	GRILLED CHICKEN SANDWICH	CRISPITO/CHEESE SAUCE/BLACK BEANS	W/ FRESH FRUIT SALAD	W/ MIXED GREENS/DRESSING
AND FRESH FRUIT SALAD	W/CARROTS AND BAKED CHIPS	W/ BROCCOLI/RANCH		
May 13	May 14	May 15	May 16	May 1
WG BREAKFAST SANDWICH	WG BANANA BREAD SQUARES	COUNTRY BREAKFAST BOWL w/ WG TOAST	BREAKFAST PIZZA	HAM, EGG & CHEESE BREAKFAST MUFFIN
FRENCH TOAST STICKS/SYRUP	SCRAMBLED EGGS W/ TOAST	DONUT	HOMEMADE WAFFLES	APPLE CINNAMON OATMEAL
YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT
FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT
LOADED TOTS W/ ROLL	FRENCH BREAD PIZZA	WALKING TACO OR	SLOPPY JOE SANDWICH OR	CHEESEBURGER ON A BUN OR CHICKEN NUGGETS
AND BROCCOLI/CARROTS	RICE BOWL W/ORANGE CHICKEN	BEEF HOT DOG W/ BAKED CHIP	GRILL CHICKEN SANDWICH	W/
		AND FRESH VEGGIES/DIP	W/ PASTA SALAD/FRESH VEGGIES	FRENCH FRIES
				AND MIXED GREENS/DRESSING

Monday	Tuesday	Wednesday	Thursday	Friday
May 20	May 21	May 22	May 23	May 24
COUNTRY BREAKFAST BOWL W.	HOMEMADE WAFFLES	WG BLUEBERRY MUFFIN W/ YOGURT	BREAKFAST TACO/SALSA	CHEESE OMELET w/ WG TOAST
TOAST, MIXED GRAIN BREAD	SCRAMBLED EGGS W/ TOAST	BREAKFAST SANDWICH	BANANA BREAD SQUARES	DONUT
WG BAGEL/CREAM CHEESE	YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT
FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT
YOGURT PARFAIT	CHEESE FLATBREAD PIZZA OR	COOK'S CHOICE SANDWICH W/	WESTERN BURGER W/	STUFFED CRUST PIZZA OR
WG CHICKEN TENDERS W/ ROLL	BBQ CHICKEN PIZZA	BAKED CHIPS AND VEGGIES/DIP	WG ONION RINGS	HOT HAM AND CHEESE SANDWICH
OR 3 BEEF TACO/BEANS	W/ MIXED GREENS/DRESSING		AND CARROTS/PEPPERS	W/ FRESH FRUIT SALAD
W/ TOSSED SALAD/RANCH				
May 27	May 28	May 29	May 30	Join us for Free, Delicous, and Nutritious Breakfast
NO SCHOOL TODAY	COOKS CHOICE ENTREE	COOKS CHOICE ENTREE	COOKS CHOICE ENTREE	All Summer Long!!

MENUS ARE SUBJECT TO CHANGE

We also serve grab 'n' go breakfast daily!

TAKE 1 CUP OF FRUIT AND VEGETABLE AT EACH MEAL FOR A COMPLETE, REIMBURSABLE MEAL!