

SCSD Nutrition Department

Mustangs/Fillies on the Go

*Serving Breakfast, Lunch,
and Snacks Daily*

Monday	Tuesday	Wednesday	Thursday	Friday
				<p style="text-align: right;">Mar 1</p> <p style="text-align: center;"> BREAKFAST PIZZA BLUEBERRY MUFFIN YOGURT PARFAIT FRESH FRUIT STUFFED CRUST PIZZA or TUNA SALAD SANDWICH w/ Fresh Veggies/Fruits MILK </p>
<p style="text-align: right;">Mar 4</p> <p style="text-align: center;"> BREAKFAST SANDWICH FRENCH TOAST STICKS/SYRUP YOGURT PARFAIT FRESH FRUIT TASTY TOTS OR BBQ RIB SANDWICH W/ FRESH FRUIT/VEGGIES </p>	<p style="text-align: right;">Mar 5</p> <p style="text-align: center;"> BANANA BREAD SQUARES SCRAMBLED EGGS W/ TOAST YOGURT PARFAIT FRESH FRUIT FRENCH BREAD PIZZA OR RICE BOWL W/ORANGE CHICKEN W/ TOSSED SALAD </p>	<p style="text-align: right;">Mar 6</p> <p style="text-align: center;"> COUNTRY BREAKFAST BOWL W/ WG TOAST DONUT YOGURT PARFAIT FRESH FRUIT WALKING TACO W/ BLACK BEANS TACO TOPPINGS </p>	<p style="text-align: right;">Mar 7</p> <p style="text-align: center;"> BREAKFAST PIZZA WAFFLES YOGURT PARFAIT FRESH FRUIT SLOPPY JOE SANDWICH OR GRILL CHICKEN SANDWICH W/VEGGIES </p>	<p style="text-align: right;">Mar 8</p> <p style="text-align: center;"> HAM, EGG & CHEESE BREAKFAST MUFFIN APPLE CINNAMON OATMEAL YOGURT PARFAIT FRESH FRUIT CHEESEBURGER ON A BUN W/ FRENCH FRIES AND TOSSED SALAD CHEF SALAD W/ WG MUFFIN </p>
<p style="text-align: right;">Mar 11</p> <p style="text-align: center;"> COUNTRY BREAKFAST BOWL W/ TOAST, MIXED GRAIN BREAD WG BAGEL/CREAM CHEESE YOGURT PARFAIT FRESH FRUIT POPCORN CHICKEN BOWL W/ DINNER ROLL/CORN </p>	<p style="text-align: right;">Mar 12</p> <p style="text-align: center;"> WAFFLES/SYRUP FRESH FRUIT SCRAMBLED EGGS W/ TOAST YOGURT PARFAIT BBQ CHICKEN PIZZA OR CHEESE PIZZA W/ TOSSED SALAD </p>	<p style="text-align: right;">Mar 13</p> <p style="text-align: center;"> BLUEBERRY MUFFIN BREAKFAST EGG SANDWICH FRESH FRUIT YOGURT PARFAIT TURKEY PANINI MELT OR BEEF & CHEDDAR SUB W/ BAKED CHIPS/VEGGIES </p>	<p style="text-align: right;">Mar 14</p> <p style="text-align: center;"> HOMEMADE BREAKFAST TACO BANANA BREAD SQUARES YOGURT PARFAIT FRESH FRUIT WESTERN BURGER W/ FRENCH FRIES AND FRESH VEGGIES </p>	<p style="text-align: right;">Mar 15</p> <p style="text-align: center;"> CHEESE OMELET/WG TOAST DONUT YOGURT PARFAIT FRESH FRUIT CHEESE NACHOS/QUESADILLIA W/ TOPPINGS </p>

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<p style="text-align: right;">Mar 18</p> <p style="text-align: center;">NO SCHOOL TODAY</p>	<p style="text-align: right;">Mar 19</p> <p style="text-align: center;">NO SCHOOL TODAY</p>	<p style="text-align: right;">Mar 20</p> <p style="text-align: center;">NO SCHOOL TODAY</p>	<p style="text-align: right;">Mar 21</p> <p style="text-align: center;">NO SCHOOL TODAY</p>	<p style="text-align: right;">Mar 22</p> <p style="text-align: center;">NO SCHOOL TODAY</p>
<p style="text-align: right;">Mar 25</p> <p style="text-align: center;"> BREAKFAST SANDWICH W/ HASH BROWN POTATOES YOGURT PARFAIT WG CHOC CHIP MUFFIN FRESH FRUIT NACHOS WITH GROUND BEEF W/ TOPPINGS OR GRILLED CHICKEN SALAD W/ MUFFIN </p>	<p style="text-align: right;">Mar 26</p> <p style="text-align: center;"> HAM, EGG & CHEESE BREAKFAST MUFFIN FRENCH TOAST STICKS/SYRUP FRESH FRUIT YOGURT PARFAIT HAMBURGER ON A BUN W/ SWEET POTATO FRENCH FRIES AND VEGGIES </p>	<p style="text-align: right;">Mar 27</p> <p style="text-align: center;"> DONUT, WG RICHS BISCUITS W/SAUSAGE YOGURT PARFAIT FRESH FRUIT WG CHEESE BREADSTICKSW/ MARINARA OR SUBMARINE SANDWICH W/ TOSSED SALAD </p>	<p style="text-align: right;">Mar 28</p> <p style="text-align: center;"> BREAKFAST SANDWICHES PB/JELLY W/ GO-GURT YOGURT PARFAIT FRESH FRUIT WG CORN DOGSW/ ROLL AND VEGGIES OR CHICKEN CAESAR SALAD W/ ROLL </p>	<p style="text-align: right;">Mar 29</p> <p style="text-align: center;"> BREAKFAST BURRITO/SALSA MINI BAGEL YOGURT PARFAIT FRESH FRUIT PIZZA W/ TOSSED SALAD </p>

MENUS ARE SUBJECT TO CHANGE

We also serve grab 'n' go breakfast daily!

TO MAKE A MEAL ADD A CUP OF FRESH FRUITS/VEGETABLES TO YOUR BREAKFAST OR LUNCH!