

SCSD Nutrition Department Mustangs/Fillies on the Go

Serving Breakfast, Lunch, and Snacks Daily

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">Jan 7</p> <p>BREAKFAST SANDWICH W/ HASH BROWN POTATOES YOGURT PARFAIT WG CHOC CHIP MUFFIN/GO-GURT FRESH FRUIT GRILL CHICKEN SANDWICH OR CRISPY CHICKEN SANDWICH and TOSSED SALAD/Dressing</p>	<p style="text-align: right;">Jan 8</p> <p>HAM, EGG CHEESE BREAKFAST SANDWICH FRENCH TOAST STICKS W/ BERRIES FRESH FRUIT YOGURT PARFAIT DELUXE BURGER ON WG BUN W/ FRENCH FRIES AND CARROTS/RANCH</p>	<p style="text-align: right;">Jan 9</p> <p>WG GLAZED DONUT BISCUITS W/SAUSAGE YOGURT PARFAIT FRESH FRUIT SUBMARINE SANDWICH W/ BAKED CHIPS AND BROCCOLI SALAD</p>	<p style="text-align: right;">Jan 10</p> <p>BREAKFAST PIZZA PB/JELLY AND GO-GURT YOGURT PARFAIT FRESH FRUIT CHICKEN CAESAR WRAP OR POPCORN CHICKEN W/ DINNER ROLL TOSSED SALAD</p>	<p style="text-align: right;">Jan 11</p> <p>BREAKFAST BURRITO/SALSA BAGEL/CREAM CHEESE YOGURT PARFAIT FRESH FRUIT HOMEMADE BEEF PIZZA W/ VEGGIES AND CREAMY DIP</p>
<p style="text-align: right;">Jan 14</p> <p>BREAKFAST TACOS W/ SALSA WAFFLES/SYRUP YOGURT PARFAIT FRESH FRUIT/JUICE POPCORN CHICKEN W/ DINNER ROLL CRISPY CHICKEN SALAD WG HOMEMADE ROLL</p>	<p style="text-align: right;">Jan 15</p> <p>BREAKFAST CROISSANT SANDWICH W/ HASH BROWN POTATOES YOGURT PARFAIT FRESH FRUIT/JUICE STUFFED CRUST PIZZA W/ CAESAR SALAD CHICKEN NOODLE SOUP W/ SALAD AND WG HOMEMADE ROLL</p>	<p style="text-align: right;">Jan 16</p> <p>SAUSAGE, EGG, CHEESE SANDWICH CINNAMON ROLLS YOGURT PARFAIT FRESH FRUIT CRISPITO/BURRITOS W/ BLACK BEAN SALSA</p>	<p style="text-align: right;">Jan 17</p> <p>PANCAKES/SYRUP/EGGS BREAKFAST BOWL/TOAST YOGURT PARFAIT FRESH FRUIT TACO SALAD OR WALKING TACO FIESTA</p>	<p style="text-align: right;">Jan 18</p> <p>BREAKFAST PIZZA BLUEBERRY MUFFIN YOGURT PARFAIT FRESH FRUIT POPCORN CHICKEN BOWL W/ ROLL AND TOSSED SALAD</p>

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<p style="text-align: right;">Jan 21</p> <p>BACON, EGG, CHEESE SANDWICH W/ HASHBROWNS FRENCH TOAST STICKS/BERRY TOPPING FRESH FRUIT YOGURT PARFAIT TASTY TOTS W/ TOSSED SALAD</p>	<p style="text-align: right;">Jan 22</p> <p>HOMEMADE BANANA BREAD/GO-GURT SCRAMBLED EGGS W/ TOAST YOGURT PARFAIT FRESH FRUIT PULLED PORK SANDWICH W/ BAKED CHIPS ORANGES HALVES</p>	<p style="text-align: right;">Jan 23</p> <p>COUNTRY BREAKFAST BOWL W/ TOAST WG DONUT YOGURT PARFAIT FRESH FRUIT WESTERN BURGER W/ WG ONION RINGS AND CARROT STICKS</p>	<p style="text-align: right;">Jan 24</p> <p>BREAKFAST BURRITO/SALSA HOMEMADE WAFFLES YOGURT PARFAIT FRESH FRUIT FRENCH BREAD PIZZA W/ TOSSED SALAD</p>	<p style="text-align: right;">Jan 25</p> <p>BREAKFAST SANDWICH OATMEAL BAR YOGURT PARFAIT FRESH FRUIT CHEESEBURGER OR GRILLED CHICKEN SANDWICH FRENCH FRIES BAKED BEANS</p>
<p style="text-align: right;">Jan 28</p> <p>COOKS CHOICE ENTREE WG BAGEL/CREAM CHEESE YOGURT PARFAIT FRESH FRUIT WG CHICKEN TENDERS W/ WG HOMEMADE ROLL AND BROCCOLI AND CHEESE</p>	<p style="text-align: right;">Jan 29</p> <p>HOMEMADE WAFFLES/SYRUP CHEESY SCRAMBLED EGGS W/ TOAST YOGURT PARFAIT FRESH FRUIT BBQ CHICKEN PIZZA W/ CARROT STICKS AND HUMMUS DIP</p>	<p style="text-align: right;">Jan 30</p> <p>BLUEBERRY MUFFIN BREAKFAST SANDWICH/ HASHBROWN YOGURT PARFAIT FRESH FRUIT TURKEY PANINI MELT OR MEATBALL SUB W/ BAKED CHIPS RAW CAULIFLOWER/DIP</p>	<p style="text-align: right;">Jan 31</p> <p>HOMEMADE BREAKFAST TACO/SALSA BANANA BREAD SQUARES YOGURT PARFAIT FRESH FRUIT LOADED POTATO W/ WG HOMEMADE ROLL</p>	

MENUS ARE SUBJECT TO CHANGE

We also serve grab 'n' go breakfast daily!