

## **FEBRUARY 2019**

SCSD JK-8 Option A and B

	Monday	Tuesday	Wednesday	Thursday	Lasagna Roll Up or Pepperoni Cheese Stick Marinara Sauce Garden Salad Carrots Apple/Canned Fruit Choc Chip Cookie! Milk	
3	Crispy Chicken Sandwich or Hot Ham/Cheese Sandwich Potato Wedges Broccoli/Cheese Grapes/Fruit Cocktail Milk	Walking Taco or Chicken Tacos Black Bean/Corn Salsa Lettuce, S-Cream, Salsa Cherry Tomatoes/Broccoli Mandarins/Oranges Milk	Sweet and Sour Chicken or Crispito w/Cheese/Salsa Brown Rice Mixed Greens/Dressing Pineapple Cubes Fruit Salad/Bananas Milk	No School Today!	No School Today!	
	Pulled Pork Sandwich or Grilled Chicken Sandwich BBQ Sauce/Pickles Seasoned Corn Kiwi/Pears Mixed Greens/Dressing Milk	Fried Chicken Leg or Country Fried Steak Mashed Potatoes/Gravy WG Dinner Roll/Butter Mixed Greens/Dressing Broccoli/Cherry Tomatoes Peaches/Whole Fruit Milk	WG Pancakes or French Toast Sticks Syrup Cheesy Scrambled Eggs Homefries Orange Juice/Oranges Veggies/Dip Milk	Super Nachos or Beef Burrito Spanish Rice Salsa, Lettuce, Sour Cream Mixed Fruit/Apples Carrots Valentine Cookie! Milk	Homemade Beef Pizza or Homemade Pepperoni Pizza Mixed Greens/Dressing Carrots/Red Peppers Bananas/Blueberries Milk	->-
•	Cook's Choice or Pb/Jelly w/ Yogurt Parfait Fresh Fruits/Vegetables Milk	Sloppy Joe or BBQ Rib Sandwich Pickles Baked Beans Carrots/Peppers Dip Apricots/Grapes Milk	Popcorn Chicken Bowl or Turkey/Noodles WG Biscuit Seasoned Green Beans Mixed Greens/Dressing Fruit Cocktail/Oranges Milk	WG Grilled Cheese or Turkey, Cheese Sub Tomato Basil Soup Carrots/Broccoli/Dip WG Goldfish Crackers Diced Peaches/Bananas Milk	Beef Tacos or Taco Soup w/ Chips Refried Beans Salsa, Lettuce, S-Cream Apples/Applesauce Milk	
	WG Chicken Nuggets or Baked Macaroni/Cheese WG Dinner Roll Cauliflower/Cheese Sauce Mixed Greens/Dressing Fruit Cocktail/Apples Milk	Spaghetti and Meatballs Or Meatball Sub Mixed Greens/Dressing Peppers/Carrots/Hummus Peaches/Pears Milk	White Chicken Chili Or Chili WG Cornbread/Butter Mixed Greens/Dressing Carrots Mandarin Oranges Fruit Snacks Milk	Stuffed Crust Pizza or Pb/Jelly Uncrustable String Cheese Mixed Greens/Dressing Apples/Peaches/Bananas Milk		というのないにはいい