## SCSD Nutrition Department February Mustangs/Fillies on the Go

## Serving Breakfast, Lunch, and Snacks Daily

Monday	Tuesday	Wednesday	Thursday	Friday	
					Feb 1
		1		CHEESE OMELET w/	
		1		WG Toast/Jelly	
		1		DONUT	
		1		YOGURT PARFAIT	
		A		FRESH FRUIT	
		A		STUFFED CRUST PIZZA w/	
		A		FRUIT SALAD	
Feb 4	Feb 5	Feb 6	Feb 7	7	Feb 8
CINNAMON ROLLS w/ Bacon and Fruit	BREAKFAST ON A STICK/SYRUP	HAM, EGG & CHEESE BREAKFAST MUFFIN w/	NO SCHOOL TODAY	NO SCHOOL TODAY	
YOGURT PARFAIT	YOGURT PARFAIT	HASH BROWN POTATOES			
FRESH FRUIT	BLUEBERRY MUFFIN w/ Yogurt	FRESH FRUIT			
WG CHICKEN NUGGETS w/	FRESH FRUIT	YOGURT PARFAIT			
BAKED BEANS and	CHEESE QUESADILLIA w/	YOUR CHOICE PIZZA SLICE! w/			
APPLESAUCE	MARINATED BLACK BEAN SALAD	CARROT STICKS and RANCH			
Feb 11	Feb 12	Feb 13	Feb 14	4	Feb 15
COUNTRY BREAKFAST BOWL w/ Bagel	BREAKFAST PIZZA	SAUSAGE, EGG, CHEESE SANDWICH W/	BREAKFAST PIZZA	BREAKFAST BURRITO W/ SALSA	
YOGURT PARFAIT	YOGURT PARFAIT	HASH BROWN POTATOES	BANANA BREAD SQUARES	DONUT, WG RICHS	
WG BAGEL	DONUT, WG RICHS	WG HONEY BUN W/ CHEESE STICK	YOGURT PARFAIT	YOGURT PARFAIT	
WG FISH SANDWICH OR	FRESH FRUIT	YOGURT PARFAIT	FRESH FRUIT	FRESH FRUIT	
GRILLED CHICKEN SANDWICH W/	BBQ RIB SANDWICH OR	FRESH FRUIT	CHICKEN SANDWICH OR	MACARONI & CHEESE W/	
FRENCH FRIES	CHEF SALAD W/	PHILLY STEAK W/	CRISPY CHICKEN SALAD W/	WG CHICKEN TENDERS AND	
AND FRESH VEGGIES	TACO SOUP	BAKED CHIPS AND FRESH VEGGIES	WG HOMEMADE ROLL	GARLIC TOAST AND	
				BROCCOLI	
Feb 18	Feb 19	Feb 20	Feb 2'	Ā	Feb 22
COOKS CHOICE ENTREE	CINNAMON ROLLS	DONUT, WG RICHS	BACON, EGG, CHEESE SANDWICH	BREAKFAST TACO/SALSA OR	
BLUEBERRY MUFFIN	BREAKFAST PIZZA	WG BISCUITS/GRAVY	PB MUNCABLE	MINI BAGEL/CREAM CHEESE	
FRESH FRUIT	YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT	
YOGURT PARFAIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	
CHEESEBURGER ON A BUN W/	BBQ CHICKEN WRAP OR	WG CHEESE BREADSTICKS W/	WG CORN DOGS OR	BEEF PIZZA W/	
FRENCH FRIES AND	CHICKEN BOOM BOOM SANDWICH	MARINARA SAUCE OR	CHICKEN CAESAR WRAP W/	TOSSED SALAD	
CARROT STICKS /RANCH DRESSING	W/ FRESH GRAPES	SUBMARINE SANDWICH AND	FRENCH FRIES AND		
		TOSSED SALAD	BROCCOLI/DIP		
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Monday	Tuesday	Wednesday	Thursday	Friday
Feb 25	Feb 26	Feb 27	Feb 28	
BREAKFAST BURRITO W/ SALSA	HAM AND CHEESE CROISSANT W/	SAUSAGE, EGG, CHEESE SANDWICH	PANCAKES/SYRUP	
HOMEMADE WAFFLES/EGGS W/ SYRUP	HASH BROWN POTATOES	DONUT, WG RICHS	SAUSAGE BISCUIT SANDWICH	
FRESH FRUIT	YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT	
YOGURT PARFAIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	
POPCORN CHICKEN W/ DINNER ROLL	TURKEY HAM & CHEESE WRAP OR	CRISPITO CHICKEN CHILI	CHICKEN SANDWICH W/	
CRISPY CHICKEN SALADW/ DINNER ROLL	GRILLED CHICKEN SANDWICH W/	W/ CHEESY RICE, SALSA AND SALAD	FRENCH FRIES AND	
	BAKED CHIPS AND		FRUIT SALAD	
	CARROT STICKS			

MENUS ARE SUBJECT TO CHANGE

We also serve grab 'n' go breakfast daily!