

SCSD Nutrition Department  
Mustangs/Fillies on the Go

Serving Breakfast, Lunch,  
and Snacks Daily

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Dec 3</b></p> <p>COUNTRY BREAKFAST BOWL TOAST, MIXED GRAIN BREAD WG BAGEL CREAM CHEESE YOGURT PARFAIT WALKING TACO FIESTA YOGURT AND MUFFIN PLATE</p>	<p><b>Dec 4</b></p> <p>WAFFLES SCRAMBLED EGGS W/ TOAST YOGURT PARFAIT BBQ CHICKEN PIZZA HUMMUS PLATE</p>	<p><b>Dec 5</b></p> <p>BLUEBERRY MUFFIN BREAKFAST ON A STICK YOGURT PARFAIT TURKEY PANINI MELT BEEF &amp; CHEDDAR SUB BAKED CHIPS CARROT STICKS</p>	<p><b>Dec 6</b></p> <p>HOMEMADE BREAKFAST TACO HONEY BUN PASTRY: LARGE YOGURT PARFAIT WESTERN BURGER FRENCH FRIES TOSSED SALAD</p>	<p><b>Dec 7</b></p> <p>CHEESE OMELET TOAST, WHOLE-WHEAT BREAD DONUT YOGURT PARFAIT WG CHICKEN TENDERS WG HOMEMADE ROLL TOSSED SALAD CRUNCHY HAWAIIAN CHICKEN WRAP</p>
<p><b>Dec 10</b></p> <p>PANCAKES SYRUP, PANCAKE SANDWICH, TOAST BACON &amp; CHEESE YOGURT PARFAIT FRESH FRUIT STUFFED CRUST PIZZA TOSSED SALAD</p>	<p><b>Dec 11</b></p> <p>OATMEAL SAUSAGE, EGG, CHEESE SANDWICH YOGURT PARFAIT FRESH FRUIT RICE BOWL W/ORANGE CHICKEN CHINESE STYLE VEGETABLES WG EGG ROLL</p>	<p><b>Dec 12</b></p> <p>BREAKFAST PIZZA WG GRANOLA BARS YOGURT AND MUFFIN PLATE FRESH FRUIT PULLED PORK SANDWICH FRENCH FRIES Grab Go Chef Salad</p>	<p><b>Dec 13</b></p> <p>BREAKFAST BURRITO W/ SALSA DONUT, WG RICHES YOGURT PARFAIT FRESH FRUIT ITALIAN PASTA BAKE GARLIC TOAST TOSSED SALAD</p>	<p><b>Dec 14</b></p> <p>COOKS CHOICE ENTREE YOGURT PARFAIT FRESH FRUIT FRENCH BREAD PIZZA MARINARA SAUCE TOSSED SALAD GRILLED CHICKEN SALAD</p>
<p><b>Dec 17</b></p> <p>COUNTRY SAUSAGE GRAVY FLAKY BISCUITS YOGURT PARFAIT BLUEBERRY MUFFIN FRESH FRUIT BBQ CHICKEN WRAP FRENCH FRIES BROCCOLI CREAMY DIP FOR FRESH VEGETABLE</p>	<p><b>Dec 18</b></p> <p>SAUSAGE, EGG, CHEESE SANDWICH HASH BROWN POTATOES FRESH FRUIT YOGURT PARFAIT Bean &amp; Cheese Tostada Arroz w/ Queso (Rice &amp; Cheese!) SALSA</p>	<p><b>Dec 19</b></p> <p>PUMPKIN CHOCOLATE CHIP MUFFIN FRESH FRUIT BREAKFAST PIZZA FRESH FILLIES SUB BAKED CHIPS</p>	<p><b>Dec 20</b></p> <p>COUNTRY BREAKFAST BOWL SAUSAGE EGG &amp; CHEESE SLIDER FRESH FRUIT YOGURT PARFAIT Taco Boat CHICKEN BOOM BOOM SANDWICH TOSSED SALAD</p>	<p><b>Dec 21</b></p> <p>COOKS CHOICE ENTREE FRESH FRUIT PB/JELLY JAMWICH YOGURT PARFAIT</p>
<p><b>Dec 24</b></p>	<p><b>Dec 25</b></p>	<p><b>Dec 26</b></p>	<p><b>Dec 27</b></p>	<p><b>Dec 28</b></p>
<p><b>Dec 31</b></p>				

**MENUS ARE SUBJECT TO CHANGE**

*We also serve grab 'n' go breakfast daily!*