

DECEMBER 2018

Shenandoah High School Main Line

. 3	沙川		T 72/1/2 7/9	学年 人名德人	
3	Monday	Tuesday	Wednesday	Thursday	Friday
	Sweet Thai Chicken Brown Rice Oriental Vegetables Kiwis/Pears Chinese Salad Milk	Hot Ham/Cheese Sandwich Potato Wedges Celery/Carrots w/ Hummus Apricots/Fresh Apples Milk	Pasta Bar Garlic Bread Mixed Greens/Dressing Green Beans Fresh Fruit Choices Milk	WG Chicken Tenders Roasted Potatoes Cauliflower/Cheese WG Roll/Butter Fresh Fruit Choices Milk	Pepperoni or Cheese Calzones 7 Salad w/ Red Peppers Dressing Marinara Sauce Roasted Broccoli Fresh Fruit Milk
3/2 3/2 3/2 3/2	Popcorn Chicken Bowl w/ WG Biscuit Corn Mashed Potatoes Red Peppers/Peppers Grapes/Fresh Fruit Milk	Homemade Pizza Choices Mixed Greens/Dressing Broccoli Apples/ PB Milk	Beef Chili or Potato Soup Mini Turkey Sub Carrots/Celery/Dip Crackers Peaches/Mandarin Oranges Milk	FFA Student's Meal Braised Pork Twice Baked Potatoes Hot Vegetables Homemade Bread/Butter Broccoli/Red Peppers/Dip Fresh Fruit Choices Milk	Taco Bar w/ WG rice Refried Beans Mexican Corn Salsa, Lettuce, Sour Cream Fresh Fruit Selection Milk
**************************************	Baked Potato Bar w/ Chicken or Chili Broccoli/Cheese sauce WG Garlic Bread Fresh Veggies/Dip Fruit Milk	WG Chicken Nuggets Macaroni/Cheese WG Bread/Butter Steamed Carrots/Peas Apples/Fruit Cocktail Milk	Christmas Dinner! Beef and Noodles Creamy Mashed Potatoes/Gravy WG Roll/Butter Green Beans Fresh Veggies/Dip/Fruit Oreo Cheesecake Milk	Cook's Choice Fresh Fruits/Vegetables Milk	Stuffed Crust Pizza Mixed Greens/Dressing Fresh Fruit Choices Christmas Cookie Milk
※	Christmas Eve No School Today!	Merry Christmas! No School Today	No School Today! 26	No School Today! 27	No School Today!
× 0 0 ×	No School Today!		等		
3					