SCSD Nutrition Department Mustangs/Fillies on the Go

Serving Breakfast, Lunch, and Snacks Daily

Monday	Tuesday	Wednesday	Thursday	Friday
Apr 1	Apr 2	Apr 3	Apr 4	Apr 5
SAUSAGE BREAKFAST SANDWICH W/	HAM, EGG & CHEESE BREAKFAST MUFFIN	WG GLAZED DONUT	BREAKFAST SANDWICH	BREAKFAST TACO/SALSA
HASH BROWN POTATOES	FRENCH TOAST STICKS	BISCUITSW/ GRAVY	PB MUNCABLE	MINI BAGEL/CREAM CHEESE
YOGURT PARFAIT	FRESH FRUIT	YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT
WG CHOC CHIP MUFFIN	YOGURT PARFAIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT
FRESH FRUIT	HAMBURGER ON A BUN W/	WG CHEESE BREADSTICKS W/ MARINARA OR	WG CORN DOGS OR	PIZZA W/ TOSSED SALAD/RANCH
NACHOS WITH GROUND BEEF OR	FRENCH FRIES OR	SUBMARINE SANDWICH	CHICKEN CAESAR WRAP	
GRILL CHICKEN SANDWICH	BEEF BURRITO	W/ FRESH FRUIT CUP/ BAKED CHIPS	W/ BROCCOLI/DIP	
W/ APPLESAUCE CUP OR VEGGIE	AND SALAD/RANCH			
Apr 8	Apr 9	Apr 10	Apr 11	Apr 12
BREAKFAST BURRITO W/ SALSA	HAM AND CHEESE CROISSANT W/	SAUSAGE, EGG, CHEESE SANDWICH	WG PANCAKES/SAUSAGE LINKS	BREAKFAST PIZZA
HOMEMADE WAFFLES	HASH BROWN POTATOES	CINNAMON ROLLS	BISCUITS/JELLY	WG BLUEBERRY MUFFIN
YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT
FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT
POPCORN CHICKEN W/ DINNER ROLL OR	TURKEY HAM & CHEESE WRAP OR	BARBECUED BEEF ON A ROLL OR	CRISPY CHICKEN SANDWICH	COOK'S CHOICE
CRISPY CHICKEN SALAD/ ROLL	GRILLED CHICKEN SANDWICH	CRISPITO/CHEESE SAUCE-BLACK BEANS	OR EGG SALAD CROISSANT	W/ FRESH FRUIT/VEGETABLES
	W/ CARROTS AND BAKED CHIPS	W/ TOSSED SALAD/RANCH	W/ FRESH FRUIT SALAD	
Apr 15	Apr 16	Apr 17	Apr 18	Apr 19
BACON, EGG, CHEESE SANDWICH	BANANA BREAD SQUARES	COUNTRY BREAKFAST BOWL W/ TOAST	BREAKFAST PIZZA	
FRENCH TOAST STICKS/SYRUP	SCRAMBLED EGGS W/ TOAST	WG DONUT	HOMEMADE WAFFLES	
YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT	
FRESH FRUIT	FRESH FRUIT/JUICE	FRESH FRUIT	FRESH FRUIT	
CHEESY TASTY TOTS OR	FRENCH BREAD PIZZA OR CALZONE	WALKING TACO OR	SLOPPY JOE SANDWICH or	
BBQ RIB SANDWICH	W/ TOSSED SALAD	LOADED BURGER W/ FRIES	GRILL CHICKEN SANDWICH	
W/ FRESH VEG/DIP			w/ CARROTS AND BAKED CHIP	

Monday	Tuesday	Wednesday	Thursday	Friday
Apr 22	Apr 23	Apr 24	Apr 25	Apr 26
COUNTRY BREAKFAST BOWL W/ TOAST	HOMEMADE WAFFLES/ SYRUP	BLUEBERRY MUFFIN	BREAKFAST TACO/ SALSA	CHEESE OMELETE W/ TOAST
2 PC TOAST W/ PB AND JELLY	SCRAMBLED EGGS W/ TOAST	BREAKFAST SANDWICH	BANANA BREAD SQUARES	DONUT
WG BAGEL/ CREAM CHEESE	YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT	YOGURT PARFAIT
FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT
YOGURT PARFAIT	BEAN BURRITO OR	TURKEY PANINI MELT OR	WESTERN BURGER W/	STUFFED CRUST PIZZA OR
WG CHICKEN TENDERS/ROLL OR	BBQ CHICKEN PIZZA	BEEF & CHEDDAR SUB	WG ONION RINGS	HOT HAM AND CHEESE SANDWICH
BEEF TACO W/ BEANS	W/ TOSSED SALAD/RANCH	W/ FRESH FRUIT SALAD	AND BROCCOLI/DIP	W/ TOSSED SALAD/RANCH
AND PEPPERS/CARROTS/RANCH		AND BAKED CHIPS		
FRESH FRUIT				
Apr 29	Apr 30			
BREAKFAST SANDWICH W/	HAM, EGG & CHEESE BREAKFAST MUFFIN			
HASH BROWN POTATOES	FRENCH TOAST STICKS/SYRUP			
YOGURT PARFAIT W/	FRESH FRUIT			
WG CHOC CHIP MUFFIN	YOGURT PARFAIT			
FRESH FRUIT	HAMBURGER ON A BUN W/			
NACHOS WITH GROUND BEEF/BEANS OR	FRENCH FRIES			
CHICKEN SANDWICH	AND CARROTS/PEPPERS			
AND BROCCOLI/DIP				

MENUS ARE SUBJECT TO CHANGE

We also serve grab 'n' go breakfast daily!